

# Studio Bleu Dance Center

We are so excited to welcome back our students with a phased re-entry to in-person classes at Studio Bleu! They are our Bleu VIP'S! We are sharing with you the measures we have taken to prepare for their return, as well as key information for our new processes for in-person classes.

We used our own 3-Phase approach to prepare for your return:

- 1) Enhanced cleaning and commercial sanitation practices
- 2) Enhanced studio safety and social distancing measures
- 3) Advanced faculty training and preparation

In this newsletter you will find important information on how to return to in-person classes. We can't wait to see you at Bleu!

Virtual Instruction for classes and privates will be offered for all currently registered students during this transition and through all phases of the re-opening of Virginia. Please know that the safety of our Bleu families is paramount to us!

## 5...6...7...8...COUNT DOWN FOR CLASS: HOW TO PREPARE

### PACK YOUR PERSONAL WATER BOTTLE!

- All instructors and students need to bring their own water bottle (**please no outside drinks**). Water bottles must not be shared. Please label your water bottle with your child's name. **BRING ONE SMALL DANCE BAG ONLY!**
- Students are limited to one single small dance bag that should only contain their personal water bottle (filled with water from home) and dance shoes for the class they are taking on that day only. **MUST BE DRESSED FOR DANCE BEFORE ARRIVING AT STUDIO!**

- Students will enter the studio and go straight to classrooms. They must arrive dressed and ready for class or rehearsal. They will have an area with social distancing in the classroom to remove their street shoes and change into dance shoes.
- Students should wear their own appropriate class clothing (do not share clothing, hair ties, hairpins , etc. with others) individual clothing should be washed and cleaned after returning home from class.

### **BRING YOUR DANCE SHOES!**

- Dancers must wear dance shoes in class.
- Socks, turners and paw type shoes are not permitted at this time.  
**PLEASE DO NOT BRING FOOD TO CONSUME IN THE STUDIO!**
- At this time we are unable to accommodate the consumption of personal snacks, community sharing of food, and delivery from Uber Eats, Door dash, drop offs, etc., at the studio. **LOST & FOUND IS TEMPORARILY CLOSED!**
- **STUDENTS WILL NOT BE ABLE TO LEAVE ANY ITEMS IN THE LOBBY OR HALLWAYS.**

### **LIMITED STUDIO ACCESS - DROP OFF ONLY**

- Only faculty, staff and registered students (no parent/guardians) are allowed inside the studio. All students must check-in first at the main studio, Suite 110.
- Siblings, unless registered in and taking the exact same class are not allowed in studio.

- You should only be at the studio if feeling completely well with no symptoms of illness, and with no signs or symptoms of COVID-19 in the past 14 days prior to entering the studio, and should not have had close or sustained contact with anyone who is sick within 14 days of starting private or group training.
- If you have traveled outside of the DMV (Virginia, Maryland, District of Columbia) we respectfully request that you self-quarantine at home for 14 days before coming to the studio.

## **WELCOME BACK VIP'S! NEW STUDIO CHECK-IN PROCEDURE**

- Students (OUR VIP'S) should arrive at the main studio at least 15 minutes prior to the start of their class to participate in check-in. Students should wait inside their vehicle and proceed to check-in located outside of the studio one student at a time to respect health privacy. There are spaces marked off on the sidewalk leading up to the studio.
- We ask that students and parents wear face covering for check-in. We know you are excited to see your Bleu friends! We ask that you please not congregate in the parking lot before for extended periods or after your child has entered or exited the studio. Students will be returned to parents in the parking lot immediately following class.
- A temperature check will occur outside of the studio prior to entry, and will include the use of a no-touch thermometer (VIP METER) by a staff member wearing a face covering. If a temperature > than 99.1 degrees Fahrenheit is recorded, the individual must return home and monitor symptoms and contact a physician.
- Health questions (related to signs and symptoms of COVID-19 only) will be asked, answered and logged.

- If any symptoms of illness are present, the individual must return home and should contact a physician.
- Staff, faculty and students only will enter the studio at the front of the building and exit through the rear of the building for classes held in the main studio building.
- Once entering the studios (Main and 7-11 space), all Students will walk through a sanitizing mat. This will sanitize the bottom of their shoes. All Students will, also, sanitize their hands.
- At the 7-11 space, all individuals will enter the studio at the front far left door of the building and exit through the far right door for the classes held in the 7-11 space.
- All individuals are to wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in classes.
- Any student that shows signs of illness while participating in in-person classes will be moved to a safe room away from other students to assess. A parent/guardian will be contacted to pick the student up and take them home. Faculty/staff showing signs of illness will be sent home.
- Staff, faculty or students diagnosed with COVID-19 will need a clearance note from a physician prior to return to the studio.

## **FACE COVERINGS**

- All faculty/staff will wear a mask to enter and while engaging in instruction in the studio. Cloth face coverings are acceptable.
- We ask that students and parents/guardians wear face covering during outdoor check-in and ask that students keep it on upon entering the studio lobby for hand washing. Students are to wear face coverings while participating in activities inside classrooms.

- Cloth face coverings are acceptable. (Reference: Virginia Executive Order Number 63 (2020) Wearing Face Coverings)
- Plastic shields (PPE) covering the entire face will not be allowed in the studio or during class participation. Their use during performing arts activities may increase the risk of unintended injury to the person wearing the shield and those around them.

## **SOCIAL DISTANCING**

- Social distancing recommendations in general become significantly greater when dancers are exercising indoors. Being in an enclosed, indoor space, sharing the same air for a prolonged period of time (> than 10 minutes) increases the chances of exposure and infection.
- Arrival check in, lobby and hallways require social distancing at 6 feet apart.
- The classroom setup has been modified for physical distancing between students, their peers and the teacher at all times including private lessons.
- No activities that require direct or indirect contact including: spotting, partnering, tactile cueing, direct floor work or touching of the same equipment are permitted.

## **DANCE MOVEMENT SAFETY**

We've provided our faculty and staff with training and supplies to ensure a safe return to dance activities. There will need to be a period of time to help dancers fully recondition after such an extended and unusual layoff. As dancers have had to condition and train in smaller spaces, at home and on different floor surfaces, there will be an adjusted approach to instruction for appropriate and safe progression back to full dancing that will require time. Thank you to all of our dance families for

your continued support! If you have any questions, please email us at:  
[studiobleudancecenter@gmail.com](mailto:studiobleudancecenter@gmail.com)